



COVID-19 Illness and Quarantine Guidelines

In all cases please inform BK School Nurse, Tierney Dower at 918.627.3390 x113 or tdower@bishopkelley.org
Quarantine recommendations will be made on a case-by-case basis in consultation with the THD, in an attempt to keep the school open and operational

PERSON A



Any person with a positive or probable case of COVID-19

With symptoms:

Isolation until the following requirements have been met:

- ✓ 10 days since symptoms first appeared **and**
- ✓ 24 hours since last fever (without the use of fever-reducing medication) **and**
- ✓ [Symptoms](#) have improved

The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days

Without Symptoms (Asymptomatic):

Isolate for 10 days from date of first positive test:

- ✓ Monitor self for symptoms, take temperature twice a day
- ✓ Released from quarantine after 10 days have passed as long as no symptoms have been present

PERSON B



Any person who lives in the same household with Person A

NO symptoms:

- ✓ Quarantine immediately.
- ✓ Quarantine while **Person A** is ill and isolated
- ✓ Quarantine an additional 14 days after **Person A** has recovered and been released
- ✓ Quarantine can last up to 24 days or longer

PERSON C

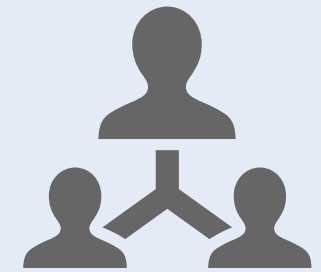


Any person with close contact to Person A (>15 min and < 6 feet)

Quarantine for 14 days following date of last exposure

- ✓ Contact Health Department with any questions and further instructions
- ✓ Monitor self for symptoms, take temperature twice a day
- ✓ If symptoms develop, notify Primary Care Provider

PERSON D



Any person who has had exposure to Person B or C before quarantine

NO QUARANTINE OR ACTION REQUIRED *unless:*

Person B or C develops symptoms OR tests positive and **Person D** had contact with within 14 days **then:**

- ✓ Monitor self for symptoms, take temperature twice a day
- ✓ Contact Health Department with any questions and further instructions
- ✓ Contact Primary Care Provider



Recovered and Released

Definitions:

Isolation separates infected people with a contagious disease from people who are not sick.

Quarantine separates and restricts the movement of a person exposed to a contagious disease to monitor if they become ill.

Close Contact defined as anyone who was within 6-feet of an infected person for at least 15 minutes starting from 48 hours before the person began feeling sick until the time the person was isolated.

Insignificant exposure defined as contact with an infected individual for less than 15 minutes at a distance \geq 6-feet.

Probable case is defined as someone who is showing COVID-like symptoms AND was present in an area with risk of community spread who had a preliminary negative test or has not been tested for COVID-19.